



**INFORMATION FOR PARTICIPANTS
ON PREVENTIVE MEASURES
AND THE ORGANIZATION OF TESTING FOR COVID-19
DURING THE FIS SKI JUMPING MEN WORLD CUP
(NIZHNY TAGIL, 30.11 - 07.12.2020)**



GENERAL INFORMATION

At the moment, almost all regions of Russia are «green» which means in the last stages of lifting Covid-19 restrictions. The situation changes one way or the other in each region of Russia depending on the number of cases confirmed per day.

The Sverdlovsk region is in the 2nd stage of lifting restrictions, namely:

- Playing sports in the open air is allowed with certain restrictions.
- Face masks are required in car parking, elevators, taxis and public transport.
- Large shops (up to 800 sq. m.) and retail outlets are open
- Cafes and restaurants are open with some restrictions
- Hotels, resorts, boarding houses, vacation homes are open
- It is allowed to hold sports events providing all the methodological recommendations of the Russian Federal Service for Surveillance on Consumer Rights Protection and Human Wellbeing (Rospotrebnadzor) are met. Number of spectators is limited to 50 percent for outdoor sport events. Indoor sport events must be held without spectators.

Local health authorities require:

1. Use a face mask and gloves in all public places
2. Wash your hands and use hand sanitizer which will be provided in places of accommodation, restaurants, wax cabins, race office and other public places

NOTE

BEFORE ENTERING IN RUSSIA

A negative PCR-test for Covid-19 must be done not earlier than 72 hours prior to boarding.

A POSITIVE ANTIBODY TEST IS NOT A REASON FOR REFUSING TO PROVIDE A NEGATIVE PCR-TEST IN RUSSIA.

IN RUSSIA

On the day of arrival a PCR-testing will be organized in the Demidov Plaza hotel (the cost is 70 euro).

If it is necessary to provide test results for a further flight (in Slovenia or other countries), repeated testing can be organized 2-3 days prior to the departure in the Demidov Plaza hotel (the cost is 70 euro).

ALL PARTICIPANTS MUST USE THE COVID-19 FIS PASSPORT AND FILL IN THE NECESSARY INFORMATION IN A TIMELY MANNER.

3. Keep social distance of 1.5 m whenever possible

During the FIS Ski Jumping World Cup in Nizhny Tagil it is planned to use the principle of “bubbles” (“FIS Snowflakes”), i.e. several zones will be formed in order for maximally separate athletes / members of teams / FIS representatives against other groups. These zones will be marked on the accreditation card.

FLIGHT AND BORDER CROSSING

The Russian Federation does not require all travelers to quarantine upon arrival in Russia, **but arriving sports delegations (athletes, coaches, doctors and all persons involved) are obliged to provide a certificate of a negative PCR-test for Covid-19 (a positive antibody test is not a reason for refusing to provide a negative PCR-test). The test must be done not earlier than 72 hours prior to boarding.**

In case of deterioration of health during the flight, it is necessary to inform the member of the crew about this, and upon arrival inform the representatives of the sanitary control service of the Koltsovo airport (Ekaterinburg), which will meet the participants on board an aircraft.

During the flight or upon arrival in Russia on board the aircraft, you will have to fill out a questionnaire. Before leaving the aircraft passengers will undergo a visual health examination and a thermal imaging control. In addition, passengers must provide a completed questionnaire and a certificate of a negative PCR-test for Covid-19 in Russian or English (if the certificate is presented in another language, a translation certified by the Russian consulate is required).

Passport control will be organized according to the “green corridor” principle with separate check-in counters and a walk-through through the airport without entering any public areas.

If it is necessary to provide test results for a further flight (after event in Nizhny Tagil), testing can be organized 2-3 days prior to the departure (the cost of the PCR-test is 70 euros).

TRANSPORT

The choice of the transport carrier will be carried out in accordance with the requirements to counter the spread of Covid-19:

- Daily thermometry and wellness surveys for drivers

- When transporting passengers, the driver maintains a social distance of at least 1.5 m and uses PPE (mask, gloves), uses antiseptics
- Complete disinfection of vehicles is carried out daily
- Disinfecting of interior surfaces of the vehicle is required during the day in the intervals between runs

Transportation of all groups of participants will be carried out as follows:

Transfers “airport – hotel” and “hotel – ski jumping hill” (shuttle bus) will be provided with a social distance of at least 1.5 m, seating will be performed in a checkerboard pattern using markings on the seats.

The same seating arrangements will be in place during transfers to training and competitions.

If necessary, individual transport can be arranged at an extra charge.

The parking for shuttle buses will be located on the territory of the ski jumping complex – as close to changing rooms and wax-cabins as possible. A separate path will be available for athletes and FIS officials. This path will not be available for other client groups.

HOTEL

The captain or a team representative can check-in for the entire team while other athletes are waiting in front of the hotel or in the cars.

Temperature measurements will be taken at the hotel entrance and you will be asked to wear a mask.

All hotel staff will be tested for Covid-19 and will work in accordance with the requirements of the National Health Organization.

On the day of arrival a PCR-testing will be organized in the hotel. If the result is negative, the members of the teams will be admitted to the training sessions and competitions. Test results will be sent to participants by email within 36 hours after taking the test. Before taking the tests, all participants sign a document stating that the results can be transferred to the FIS Event Organizing Committee which consists of one senior management representative from the FIS, the LOC and the NSA and the LOC Health Coordinator representing the national health authorities. **The tests are done at the participants’ own expense. If necessary, it is possible to organize re-testing 2-3 days before**

the departure to provide results on the next flight.

The cost of the PCR-test is 70 euros. The test results will be provided in English. The readiness period is up to 36 hours.

The hotel will adhere to the principle of separation of flows with the allocation of separate flights of stairs for the participants of the FIS Ski Jumping World Cup, where access for other guests will be limited.

Up to 3-4 floors will be allocated for the FIS Ski Jumping World Cup representatives (depending on the number of participants). The access of other guests to these floors will be limited. Rooms will be disinfected daily, as well as additionally decontaminated. Representatives of teams from different countries will not be able to accommodate in the same room. Cleaning will take place when there is no one in the room.

Recirculators for air disinfection and hand sanitizers will be located on the hotel premises, as well as a medical station.

Athletes' meals will be served in a hall separate from other hotel guests. Seating in the food zones will be organized with a social distance of 1.5 m.

A separate dining room will be allocated for the participants of the World Cup. During the participants' meals access to this dining room for other hotel guests will be prohibited.

Tables will be cleared after participants have completed the meal and left.

It is recommended to use PPE (masks, gloves) on the hotel premises, as well as in other public places.

It is not recommended to use the elevator, but if there is such a need, no more than 2 people should be in it at the same time.

ON SKI JUMPING HILLS COMPLEX

Thermometry will be performed at the entrance to the premises. Recirculators for air disinfection and hand sanitizers will be installed in all public places at the facility, as well as markings for keeping the social distance at least 1.5 m.

LOC provides clean wax / changing rooms that will be disinfected regularly.

The parking for shuttle buses will be located on the territory of the ski jumping complex – as close as possible to changing rooms and wax-cabins. A separate path

will be available for teams and FIS officials. This path will not be available for other visiting groups.

The athletes' area will be fenced off (no contact with spectators).

Only sealed food and water at food points on the ski jumping complex is allowed.

A protective mask must be used constantly in rooms with other people present. It is especially important to comply with this requirement in a situation where it is impossible to keep a distance of 2 m (waiting room in the ski jump tower, equipment control room).

An isolated ward with a restricted access will be located at the ski jumping complex – any person will be immediately isolated in case of any signs of Covid-19 or other infection.

WAITING ROOM IN THE SKI JUMPING TOWER

Drinks and snacks only in disposable containers only, mandatory use of masks.

Regular sanitization with antiseptic agents, as well as air disinfection.

EQUIPMENT CONTROL AT THE START

The area will be cleaned regularly. Equipment controller and LOC assistants will wear masks and hand sanitize on a regular basis.

COACHING PLATFORM

Coaches must wear a mask and keep their distance of 1.5 m.

MIX ZONE

TV / Radio / Press keep social distancing and wear masks, they must be tested negatively for Covid-19 no later than 72 hours before the event or work on the site.

PRESS CONFERENCE

The press conference will be organized via video communication, without contact with media representatives.

A place for press conference (room for top-3 athletes) will be located in the immediate vicinity to the hill and wax-cabines.

TCM

TCM will be held in the conference hall of the Aist Hotel with one team member and keeping the social distance in the hall. Also info for teams will be provided in pdf-format via e-mail.

STAFF AND VOLUNTEERS

The number of LOC staff / volunteers will be adjusted according to needs. They will follow good hygiene practices, including the use of masks and regular hand sanitizing. Also they will test negative for Covid-19 no later than 72 hours before the event or work on-site.

Every day staff and volunteers will undergo a medical control and thermometry.

SPECTATORS' AREA

Competitions will be held without spectators.

ACTIONS UPON COVID-19 CASES DETECTION

Room for a separate stay will be prepared at the hotel and at the ski jumping complex (Aist Hotel). If someone has any symptoms of illness or a positive test result for Covid-19 is obtained, that person will be immediately isolated from other event participants depending on the location.

Information about a positive test result will be received by the FIS Event Task Force which consists of one senior management representative from FIS, the LOC, the NSA, and the LOC Health Coordinator representing the national health authorities. After that the chief medic of the event will send the participant to the medical center in a specialized medical vehicle. This participant will quarantine for 14 days until he recovers and receives a negative PCR-test.

At the end of the quarantine, the LOC will help the participant to choose a ticket to return to the place of residence or to the next event.

To comply with the “bubbles” (“FIS Snowflakes”), all participants are prohibited from moving independently and visiting public places in the city (except for the venues of the event), otherwise accreditation may be withdrawn.

IMPORTANT CONTACTS

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